



State of Michigan Employees

Be our guest January 19-31, 2004 at any one of our
Grand Rapids YMCA locations.

Downtown YMCA, 33 Library NE, Grand Rapids, 222-9622
Ionia County YMCA, 250 E. Tuttle Street, Ionia, 527-5760
Lowell YMCA, 1335 West Main Street, Lowell, 897-8445
Southeast YMCA, 730 Forest Hill SE, Grand Rapids, 285-9077
Visser Family YMCA, 3540 Fairlanes SW, Grandville, 530-9199
West YMCA, 902 Leonard NW, Grand Rapids, 458-1147

Coming soon!

North YMCA, 2211 Belmont Center Drive, Belmont
David D. Hunting YMCA, Lake Michigan Dr, Grand Rapids

To receive your free guest pass contact Patty
at (616) 456-0809 or email psiegel@grymca.org

During these two weeks, if you decide to join the YMCA of Greater Grand Rapids, you will receive the new ***“Get Moving – Get Healthy”*** package which includes:

- **\$25 gift certificate toward your joining fee**
- **Pedometer**
- **Health & Wellness Coaching**
- **Recognition Incentives**

We look forward to seeing you.